

# Bridges – is about meetings



**Choreographer** Ingrid Osterman  
**Dancers** David Nondorf, Åsa Lundvik Gustafson  
**Music composer** Sten Sandell  
**Percussionist** Jon Fält  
**Harpist** Stina Hellberg Agback  
**Lighting designer, technician** Christian Farcher  
**Scenographer** Camilla Ed

**Performers:** 5 (2 dancers 2 musicians 1 technician)

**Audience:** 4-8 years old + family.

Maximum 50 people (in total).

An audience with complex and learning disabilities.

Maximum 30 people (in total).

**Duration:** 35 minutes + 10 minutes exploration.

**Stage size:** minimum 11\*11 meters.

The audience are seated within this space.

**Height of ceiling:** 5 meters,

1 light is hanging from the centre of the ceiling.

**Floors:** Concrete and stone are unsuitable.

**Black out:** Yes

**Electricity:** 16 amp within 20 meters

**Technique:** the company brings its own

**Assemble/dismantle time:** 4 hours / 2 hours

**Carrying assistant required:** Yes

**We all meet in the performance Bridges. A musical and imaginative dance performance where we are presented with the opportunity to open up our senses.**

Bridges is about meetings. We explore the space as well as each other. An exciting room is created with challenges and play. Balance, sway, move between and below. Sounds from the harp and large rhythmical gongs build bridges between music and dance, between you and me, between differences and similarities. The technician moves amongst us making the space glow at the same time the two dancers move with each other and the audience. The percussionist creates sound that rolls like waves across the space. Underneath the silk ceiling we embrace the space, movement and each other.

The performance offers parallel course of events, where the audience is invited to participate and explore together as well as individually. After the performance the audience is welcome to play the instruments and move amongst the scenography in their own pace together with the performers.

## **INGRID OLTHERMAN DANS**

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